Stepping Stone Support Center

A Support Center for Adults with Developmental Disabilities.

OUR MISSION

Committed to helping adults with developmental disabilities gain the daily skills that enable them to feel their value and worth. We help our clients develop skills needed for a more independent living and fulfillment in life.

We take a holistic approach to serving the whole person- giving participants access to educational, employment, housing and socialization opportunities to be productive and achieve a fuller life.

Currently Stepping Stone operates an Adult Development Center. The curriculum of the day programs include art class, daily living skills training\_\_\_\_ Featuring activities for the participants to function at more independent levels. This program helps parents and caregivers by providing a safe nurturing place for their disable adult children

While adults with disabilities often experience isolation and the feeling of being alone, at Stepping Stone Support Center they are a part of a supportive family.

20 People are enrolled in the program, Our participants are transported by community volunteers and travel from the Southwest Littleton area. The program’s foundation is built upon a mixture of functional life skills and community based socialization to teach the participants to be as independent as possible.

Areas of focus are

Certified or accredited??

Life Skills

-Cooking and nutrition

-Personal hygiene

-Computer and technology

-Finances and budgeting

Grocery shopping and meal planning

Household safety

Time management

Employment

-Assessing each participants potential job skills

-Interfacing with developmental disabled friendly employers

-Providing on the job support

Creating a resume

Spiritual and physical growth

First Friday of every month we host a Fun Night Out for participants and local adults with developmental disabilities from the community

Volunteering and serving their community

Respite

Providing the caregiver some time to themselves

Our facilities I include a full indoor gym, kitchen, community garden, community food bank and a coffee bar.

Individualized evaluation of the gifts, abilities and skills of each participant

Creation of an individualized vocation plan based on their evaluation

Small group and one on one interaction with staff and other participants

Opportunities to mainstream in the daily life of society

Business Opportunities Include

* Job placement as a paid or volunteer
* Producing and marketing skin care products
* Running a coffee bar
* Running a food bank for the needy

Goals for the future

Providing living environments that support more independent living, Host homes, group homes

SLS Service supported living service Medicare private pay????

VOLUNTEERS needed

* Providing special art, music, drama, sewing, computer training
* Supervising participants making products
* Helping with coffee bar
* Helping with food bank
* Helping with community gardens
* Fund rasing for non profit to provide scholarships
* First Friday Night Out events
* Outings and special events
* Job supervision of participants in the workplace
* One on one help with specific needs such as reading, writing, resume creation, food plans, life skills, financial management and counseling for relational issues.

www.steppings**Stepping Stone** is designed to guide you in finding and fulfilling your potential in life. We believe that each adult has the right to provide for themselves and to gain autonomy through peer interaction, personal skill development and community involvement.

**Stepping Stone** is not a place to "park" an individual from morning to evening, or to just keep busy. Together, we will develop a schedule just for you: your hours and activities will be chosen by and for you. Above all, we want to see our participants become productive members of society.

Your path to that goal is uniquely yours. We want to help you find and travel that pathtonessupportcenter.org